## Make your Case for an Active Social Life and Community Integration (9/1/17)

A worksheet for people to organize their thoughts about community integration, to prepare for Family Care or IRIS individual planning (this worksheet is for you to keep)			
Person receiving support	Person completing	form	
Community Integration means: people with the custom-designed support they no	nt to, when they want to, with eed	_	
1. Current Community Integration A	Activities		
Current Community Activity	Type of Support Needed	Who provides it now?	
1.			
2.			
3.			
4.			
5.			
6.			
2. Future Aspirations for Communit	y Integration Activities		
Possible Future Community Activity	Type of Support Needed	Who could provide it?	
1.		·	
2.			
3.			
4.			

3.	What is crucial about the way the above supports are provided that is important to incorporate into this person's individual plan? (Examples: "Noise is scary for my loved one—they like quieter environments." "If an activity is new, my loved one needs lots of foreshadowing.")
4.	What are the important benefits of the community integration activities described above?
5.	What would be the detrimental impact on this person if they were unable to continue the community integration activities described above? (Examples: inappropriate behavior, depression, loneliness, boredom)